



Stafford County Parks and Recreation Advisory Commission Meeting

Rowser Annex, 1729 Richmond Highway, Stafford, Virginia 22554

October 13, 2025 @ 7:00PM

Meeting Agenda

Call to Order / Silent Roll Call

Approval of Minutes

Public Comments

Unfinished Business

New Business

Liaison Reports

Director's Report

Commission Member Comments

Adjournment

➤ Approval of Minutes

- September 22, 2025

➤ Public Comments

- 3 Minutes Each

➤ Unfinished Business

- None

➤ NEW BUSINESS

- **Needs Assessment**

- Patrick Workman

- **Staff Reports**

- Page 5 Community Recreation, 55+ Active Adults & Aquatics
 - Page 6-7 Gymnastics Facility
 - Page 8-12 At The Parks

Community Recreation, 55+ Active Adults, & Aquatics

September 2025

October 2025

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- 55+ Bingo
 - 55+ Bunco
 - 55+ Card Sharks
 - 55+ Health Series
 - 55+ Monthly Book Club
 - 55+ No Fall Aikido
 - 55+ Tuesday Movies
 - 55+ Weekly Lunch
 - Drawing Classes - Outdoor Urban Sketching and Watercolor Experience-(16+)
 - 55+Fit 4 Life
 - 55+ Fitness Fusion Healthy Lifestyle Balance through Wellness
 - Open Art Studio
 - Senior Dance
 - Slow Stitch
 - Sports Club
 - Stafford Senior Social/Support
 - Stretch and Restore 55+
 - Wreath Making
 - Yoga - Gentle
 - Zumba/Adapted Zumba

- 55+ Bingo, Bunco & Card Sharks
- 55+ Monthly Book Club
- 55+ No Fall Aikido
- 55+ Tuesday Movies
- 55+ Weekly Lunch
- Adult/Pediatric First Aid/CPR/AED
- Art in the Park
- Big Tree Walk
- Crochet & Slow Stitch
- Fall Festival
- 4 Life 55+, Fitness Fusion
- Friday Night Flick Food Vendor
- Gelli Plate Printing
- Great Pumpkin Derby
- Howl-O-Ween Pawty
- New River Dance, Beginner Ballet, Jazz/Tap, Pointe
- Open Art Studio & Polymer Clay
- Senior Fall Dance
- Zumba/Adapted Zumba
- Spooktacular Candy Hunt
- Sports Club & Kayaking
- Stafford Senior Social/Support
- Stretch and Restore 55+ & Yoga - Gentle

September 2025

- 11 Birthday Parties were held
- 12 Tot Open Gym Sessions were held
- Session #1 of gymnastics school age classes 8/11-9/6
- Session #1 of gymnastics preschool classes 8/11-9/6
- Session #1 of Ninja Classes 8/11-9/6
- Session #2 of gymnastics school age classes 9/7-10/5
- Session #2 of gymnastics preschool classes 9/7-10/5
- Session #2 of Ninja Classes 9/7-10/5
- Ninja Free Play was held
- Parents Night Out event was held
- Preschool Superhero Party was held
- National Gymnastics Day Open House was held Saturday, September 20 from 2-4 pm (see photos below)
- New River Dance Studio classes were held
- Competitive Team Women and Men's monthly practice
- The Recreation Manager and Recreation Programmer III attended the National Recreation and Park Association (NRPA) National Conference in Orlando, FL along with others from Stafford County Parks & Recreation

October 2025

- 9 Birthday Parties are scheduled
- 15 Tot Open Gym Sessions are scheduled
- Session #2 of gymnastics school age classes 9/7-10/5
- Session #2 of gymnastics preschool classes 9/7-10/5
- Session #2 of Ninja Classes 9/7-10/5
- Session #3 of gymnastics school age classes 10/6-11/2
- Session #3 of gymnastics preschool classes 10/6-11/2
- Session #3 of Ninja Classes 10/6-11/2
- Ninja Free Play and School Age Gymnastics Free Plays are scheduled
- Preschool Spooktacular Party is scheduled
- New River Dance Studio classes are scheduled
- Competitive Team Women and Men's monthly practice
- The Team Head Coach and Optional Team Coach will attend the Virginia State Meeting & Clinic in Virginia Beach
- The Boys Team Staff will attend the Virginia Mens Gymnastics State Meeting & Clinic in Arlington
- Both Recreation Programmer I's will attend the Virginia Recreation & Park Society (VRPS) annual conference in Roanoke

Gymnastics Facility



Brooks Park & Pratt District

- Groomed diamond fields at Pratt, Brooks and Melchers
- Mowed athletic fields and common ground areas
- Lined football field at Drew Middle School
- Lined rugby field
- Lined softball field at Melchers
- Painted hay wagons
- Put down mulch around trees
- Inspected AEDs
- Cleaned pavilions
- Lined parking lots
- Finished with collecting parking fees at HPOF
- Vehicle and equipment maintenance
- Sprayed weeds
- Cleaned up and organized Jackson Street garage
- Repaired steps at Shelton's Cottage
- Cleaned up Shelton's Cottage flower bed and put down new mulch

Chichester Park District

- Maintained Chichester park buildings and pavilion
- Inspection of park playground daily
- Removed loose litter from park areas and emptied trash daily
- Made repairs and did maintenance on equipment
- Deep cleaned all restrooms
- Checked all outside sites for litter and removed as needed
- Made plumbing repairs
- Continued pressure washing of all concrete areas in Chichester
- Mowed Chichester fields 2 times per week
- Mowed Rowser, CCC 1-2 times per week as needed as weather permitted
- Made repairs to fencing around Chichester fields
- Made irrigation repairs
- Maintained trails at Muscleman Park
- Deep tine aerification of Chichester fields 2-5
- Prepped for and Hosted (2) 1-day Baseball tournaments and 1 weekend long softball tournament
- Groomed and maintained all diamond field sites Chichester and Rowser
- Assisted with construction of a second Pumpkin Derby launch ramp for the 2025 fall festival
- Had contractor demolish and remove (2) sheds at the Rowser complex
- Top-dressed Chichester outfields fields 1-5
- 2026 World Series Planning

Duff Park District

- Daily prep of dog parks
- Cleaned Park trails of litter
- Mowed and trimmed park
- Groomed/maintain baseball fields
- Cut soccer fields
- Trimmed trees back around park
- Continued work on improving drainage around storage area
- Checked/mowed gateway signs
- Litter control
- Continued cleaning shop yard
- Cleared trees off walking trails
- Weed wacked trails
- Removed grass from RC track
- Added dirt to RC track
- Added/repaired baseball fields with dirt and clay
- Prepared for SWPP inspection
- Bought and replaced flammable cabinets
- Organized new flammable cabinets
- Repaired toilet flush meter in women's restroom

Embrey Mill Park

- Picked up trash at park and outside sites
- Cut grass at park and outside sites
- Checked nets for repairs and replaced as needed
- Organized workshop and janitorial closets
- Checked Mine Rd on weekly basis and cleaned as needed
- Replaced pool pump and made seal for repairs
- Used Turf Chief to clean fields, checked for tears and made necessary repairs
- Added crumb rubber to high wear areas
- Laid down rye grass on high wear areas @ fields 5,6, and 9
- Used Kaivac cleaner in bathrooms
- New hires started (Cody, Parker, Marcello)
- Relined football fields (HH Poole, RTMS) on weekly basis
- Removed graffiti from bathrooms on 2 occasions
- Installed new batteries and SD cards in game cameras
- Had bald faced hornets nest removed at Autumn Ridge
- Washed out vehicles regularly, took truck in for recall (CPR094)
- Installed yellow jacket traps on cans throughout park
- Lined fields at Embrey for boys LAX "Fall Saturday Night"
- Replaced broken (No Parking Sign Fire Lane) post
- Replaced broken light bollard

Aquia Landing

- Mowed/trimmed
- Litter control
- Cleaned/maintained bathrooms
- Cleaned beach of trash
- Maintained parking area/spaces, cleaned the road
- Daily maintenance on playground
- Laid out Parking lot
- Tilled beach and cleaned up debris from storms
- Removed Sand off roadway from storms
- Replaced picnic table boards
- Power washed pavilions
- Removed staples from pavilion area
- Pulled grinder pump and cleared out blades
- Finished replacing benches
- Installed new exhaust fans in restrooms
- Installed (3) new hand dryers in restrooms

Little Falls

- Litter control
- Mowed/trimmed park
- Removed unwanted signs
- Trimmed trees along fence and roadside

Smith Lake Park

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- Groomed and maintained synthetic fields
- Cut athletic fields and common areas around Smith lake and Patawomeck Park
- Groomed and maintained all diamond fields and have them game ready for play
- Cut out all ballfield arcs and warning tracks
- Maintained shop area cleanliness
- Maintained cutting Bermuda fields 3 times a week
- Maintained the gateway sign including grass maintenance and picking up trash and debris around sign
- Cut and maintained Government Island
- Inspected both walking bridges for damage boards and loose bolts
- Checked playground daily for safe play
- Cut downed and hanging limbs at Patawomeck over trails
- Trimmed back low hanging branches around both Smith Lake and Patawomeck Park
- Trimmed back brush from the boardwalk at Government Island and the Aquia Harbor bridge
- Aerated and seeded baseball fields 1-3 at Smith Lake

Willowmere & Curtis Park

- Cut up fallen tree by the dog clubhouse
- Started trimming tree line along the entire park
- Cut overgrowth on fence behind shop
- Hung No Parking signs for shop yard
- Chipped up large pile of tree branches
- Sprayed park parking lot for weeds and aerated & seeded at dog park
- Added mosquito dunks to dog park pond
- Prepped park for the large cross-country meet and Fall Fest
- Litter control and mowing at Lake Mooney, Havoc Dog Park, Lake Curtis & Lake Abel
- Opened, closed & cleaned bathrooms daily at Lake Mooney, Havoc Dog Park & Curtis Park
- Performed equipment maintenance and repairs
- Continued pool checks for issues, shut water off and winterized Mark Lenzi pool
- Groomed sand in volleyball area
- Repainted grills at shelters
- Removed starting blocks, flags, and lifeguard chairs from pool
- Started power washing playground and Disc golf tee pads
- Assisted with the Youth Sports day at Curtis Lake
- Spread 30 yards of playground mulch at Curtis Park
- Cleaned up tennis courts of woody vegetation (Still closed for repairs)

Civil War Park

- Litter control
- Mowed/trimmed park
- Cleaned restrooms
- Blew off trails and roadway of leaves
- Maintained rock area
- Wiped down signs of bird droppings
- Blew sand & leaves off roadsides
- Trimmed around cannon batteries
- Trimmed trees along roadside
- Removed fallen trees from storms
- Painted inside of bathrooms

The RRJ detainees are working 5 days a week. They cut, clean and trim the county gateways on Rt. 3, Rt. 630 and Rt.610. & Patawomeck Park.

➤ **Commission Member
Comments**

➤ **Adjournment**

Thank you, Board Members for all that you do!

- The Parks & Rec Team